

CURRICULUM VITAE

**STEPHANIE A. GRILO**

DATE OF PREPARATION: DECEMBER 5, 2019

PERSONAL DATA

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Columbia University  
Heilbrunn Department of Population and Family Health

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60 Haven Ave., B-2, 221  
New York, NY 10032

**Birthplace:** Cambridge, Massachusetts

**Citizenship:** United States

ACADEMIC APPOINTMENTS, HOSPITAL APPOINTMENTS, AND OTHER WORK EXPERIENCE

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06/2019-present

**Columbia University Mailman School of Public Health**  
**Heilbrunn Department of Population and Family Health**  
*Postdoctoral Research Scientist*

- Develop and submit grant proposals including NIH Early Independence Award
- Analyze qualitative and quantitative data from two national projects examining adolescent comprehensive preventive services and one global health project examining adolescent transitions in the context of high HIV prevalence
- Write and submit manuscripts to peer-reviewed journals
- Submit and prepare conference presentations
  - Society of Adolescent Health and Medicine
  - Pediatric Academic Societies
- Co-teach Population and Family Health Department qualitative methods course in both fall and spring semesters
  - 35-40 students per semester
- Co-lead MOSAIC (Mentoring Of Students And Igniting Community), a senior to junior mentoring program for students and color and first generation students in Department of Population and Family Health
- Mentor and support masters students on multiple NIH, CDC and privately funded projects
- Support department chair with concept notes, grant proposals and other academic projects as needed
- Serve on Department and School-wide committees including:
  - Heilbrunn Department of Population and Family Health Admissions Committee
  - Dean's Public Health 2035 Steering Committee

09/2015-present

**Columbia University Mailman School of Public Health  
Heilbrunn Department of Population and Family Health**

*Graduate Research Assistant for Dr. John Santelli*

- Assist with writing of grants and proposals
- Attend and participate in research meetings with PI, project director and statisticians
- Write and submit manuscripts for peer-reviewed journals and abstracts/presentations for scientific conferences
- Develop qualitative and quantitative research instruments and assessment batteries for various research projects
- Conduct research reviews and draft reports on various topics
- Assist in preparation of scientific presentations

05/2014-08/2015

**Yale University School of Public Health  
Department of Chronic Disease Epidemiology**

*Research Associate / Statistician*

- Serve as Project Coordinator for research study testing the development, implementation and effectiveness of a new model of group prenatal care in three cities with different patient populations (Nashville TN, Detroit MI).
- Act as primary contact for multiple study partners and vendors including United Health Group, United Health Foundation, curriculum writers, technology vendors, etc.
- Collect and analyze data for several rigorous public health research studies funded by the Centers for Disease Control, National Institute of Health and United Health Foundation
- Perform independent analyses on data and provide input and assistance for ongoing research studies and analyses
- Disseminate research findings through creation of brief reports for community engagement and create presentations aimed at scientific audiences
- Writing and submit manuscripts for peer-reviewed journals
- Supervise public health interns and students on various research projects and data analyses
- Prepare submissions to the Institutional Review Board at Yale – both the Human Investigation Committee and the Human Subjects Committee

06/2013-05/2014

**Yale University School of Public Health  
Department of Chronic Disease Epidemiology**

*Research Assistant*

- Assisted in the development of curriculum and methods for implementation for “Expect With Me” – a research study developing and testing a new model of group prenatal care
- Coordinated data meetings to discuss data analysis and dissemination of findings with faculty from multiple departments within and outside of Yale University

- Represented Yale research team at conferences and workgroups aimed at finalizing research protocols for the development and implementation of “Expect With Me”
- Trained clinicians and staff members at OB/GYN clinics in Nashville, TN and Detroit, MI to implement “Expect With Me”
- Conducted literature reviews to act as basis for the writing of research papers, curriculum, and to ensure protocols were based on evidence-based best practices

06/2012-06/2013

**New York University**  
**Center for Healthful Behavioral Change**

*Research Intern*

- Assisted in the recruitment of patients for several NIH-funded community-based intervention studies
- Collected quantitative and qualitative data for several studies relating to community health
- Attended trainings for lay-health workers and other seminars relating to the research studies
- Performed a systematic review of the literature on faith-based interventions for weight loss
- Developed and presented an independent research project relating to diabetes self-care methods and food insecurity under the supervision of a faculty mentor

05/2010-08/2010

**Yale University**  
**Rudd Center for Food Policy and Obesity**

*Summer Intern*

- Assisted with preparation and submission of peer-reviewed manuscripts
- Collected quantitative data on numerous studies and completed data entry
- Conducted literature searches on varied subjects such as food insecurity, repeated exposure, and physical activity in preschoolers
- Wrote and submitted research study proposals to the Yale Institutional Review Board
- Assisted in designing of surveys for a study on food moderation and coded qualitative responses
- Presented initial findings from pilot study to faculty and staff, and incorporated feedback into final design

Spring 2010

**Albert Einstein School of Medicine**  
**Professor Ernest Drucker**

*Research Assistant*

- Performed literature search on shaken baby syndrome
- Reviewed and edited a section of the professor’s work on drug policy in the United States

## EDUCATION

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- 09/2015-05/2019      Columbia University Mailman School of Public Health  
 Department of Sociomedical Sciences  
 New York, NY  
 PhD  
 GPA (4.1/4.0)
- 09/2009-05/2013      Columbia College, Columbia University  
 New York, NY  
 B.A. (Sociology and Human Rights), Departmental Honors  
 GPA (3.85/4.0)  
 Kluge Scholar

## HONORS & AWARDS

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- 2016      Columbia Population Research Center Fellow  
 Columbia University Mailman School of Public Health
- 2015      Gender, Sexuality and Health Fellow  
 Columbia University Mailman School of Public Health
- 2014      Initiative for Maximizing Student Development (IMSD) Fellow  
 Columbia University Mailman School of Public Health
- 2013      Columbia University Magna Cum Laude
- 2013      Columbia University Alumni Prize for the Columbia College Class of 2013  
 (awarded by the Alumni Association of the College to the Columbia College  
 senior judged by classmates to be the most faithful and deserving)
- 2013      Columbia University Office of Multicultural Affairs Honor Cord Recipient (in  
 recognition of exceptional contributions and commitment to diversity, social  
 justice, and multiculturalism in the Columbia community).
- 2009-2013      Columbia College Kluge Scholar  
 Scholars are selected by the office of Admissions for intellectual and  
 extracurricular achievements and promise for future growth.

## ACADEMIC SERVICE

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Columbia University  
 2013-2015

### **Columbia University, New York NY**

*Alumni Representative Committee Regional Chair – New Haven  
 CT*

- Represent the Columbia University Admissions Office at regional college fairs
- Organize interviews for New Haven CT region for applicants to Columbia College/Engineering
- Conduct interviews and write interview reports to add to students' applications

Mailman School of Public Health

2019-2020

Steering Committee, Public Health 2035

PROFESSIONAL ORGANIZATIONS AND SERVICE TO NATIONAL COMMITTEES

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2014-present

**Member, American Public Health Association**

2014-present

**Member, Society for Behavioral Medicine**

2015-present

**Member, Society for Adolescent Health and Medicine**

2015-present

**Member, Population Association of America*****Journal Reviewer***

Social Forces

***National Conferences Scientific Committee Reviewer and Service***

Abstract Review Committee: Society of Adolescent Health and Medicine 2018-2019. 2019-2020

Moderated Platform Presentation: Society of Adolescent Health and Medicine 2019

EDUCATIONAL CONTRIBUTIONS

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*Direct Teaching*

2019-2020

**Co-instructor, Qualitative Analysis (P8637)**Heilbrunn Department of Population and Family Health  
35 MPH and doctoral students per semester

2017-2019

**Teaching Assistant, Qualitative Analysis (P8637)**Heilbrunn Department of Population and Family Health  
35 MPH and doctoral students per semester

2016-2018

**Teaching Assistant and Guest Lecturer, Fundamentals of Global Health (UN3100)**Columbia College  
100 Columbia University undergraduates

2019

**Discussant, Issues in Adolescent Sexual and Reproductive Health**Heilbrunn Department of Population and Family Health  
35 MPH students

2017

**Discussant, Advanced Research Methods**Heilbrunn Department of Population and Family Health  
4 doctorate of public health students

2017

**Lecturer, Tutorial on Poster Creation for Presentation of Research Findings**Heilbrunn Department of Population and Family Health  
40 MPH students

*Supervision*

2017-present

**Direct Supervision**

4 MPH students working on various research projects

PUBLICATIONS

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*Peer-Reviewed Research Publications*

1. Nalugoda F, Kreniske P, Hofer S, Zhong X, Wei Y, **Grilo SA**, Chen I, Kigozi SD, Kigozi G, Lutalo T, Ssekubugu R. Cell phones, sexual behaviors and HIV prevalence in Rakai, Uganda: A cross-sectional analysis of longitudinal data. *AIDS and behavior*. 2019 Sep 13:1-1.
2. Hernandez ND, Chandler R, Nava N, Tamler I, Daley EM, Baldwin JA, Buhi ER, O'Rourke K, Romero-Daza N, **Grilo S**. Young adult US-born Latina women's thoughts, feelings and beliefs about unintended pregnancy. *Culture, Health & Sexuality*. 2019 Jul 31:1-7.
3. Kreniske P, **Grilo S**, Nakyanjo N, Nalugoda F, Wolfe J, Santelli JS. Narrating the transition to adulthood for youth in Uganda: Leaving school, mobility, risky occupations, and HIV. *Health Education & Behavior*. 2019 Feb 21:1090198119829197.
4. Song X, **Grilo SA**, Mathur S, Lutalo T, Ssekubugu R, Nalugoda F, Santelli JS. Differential impacts of HIV status on short-term fertility desires among couples in Rakai, Uganda. *PLoS ONE*. 2019 Jan 24;14(1):e0210935.
5. **Grilo SA**, Catalozzi M, Santelli JS, Yan H, Song X, Heitel J, Kaseeska K, Gorzkowski J, Dereix AE, Klein JD. Confidentiality discussions and private time with a health-care provider for youth, United States, 2016. *Journal of Adolescent Health*. 2019 Jan 9.
6. Santelli JS, Klein JD, Song X, Heitel J, **Grilo SA**, Wang M, Yan H, Kaseeska K, Gorzkowski J, Schneider M, Dereix AE. Discussion of potentially sensitive topics with young people. *Pediatrics*. 2019 Feb 1;143(2):e20181403.
7. Santelli JS, **Grilo SA**, Choo TH, Diaz G, Walsh K, Wall M., ... & Mellins, CA (2018). Does sex education before college protect students from sexual assault in college?. *PLoS ONE*, 13(11), e0205951.
8. Cunningham SD, Lewis JB, Shebl FM, Boyd LM, Robinson MA, **Grilo SA**, Lewis SM, Pruett AL, Ickovics JR. Group prenatal care reduces risk of preterm birth and low birth weight: A matched cohort study. *Journal of Women's Health*. 2018 Sep 25.
9. **Grilo SA**, Catalozzi M, Heck CJ, Mathur S, Nakyanjo N, Santelli JS. Couple perspectives on unintended pregnancy in an area with high HIV prevalence: A qualitative analysis in Rakai, Uganda. *Global Public Health*. 2018 Aug 3;13(8):1114-25.
10. **Grilo SA**, Song X, Lutalo T, Mullinax M, Mathur S, Santelli J. Facing HIV infection and unintended pregnancy: Rakai, Uganda, 2001–2013. *BMC Women's Health*. 2018 Dec;18(1):46.
11. Heck CJ, **Grilo SA**, Song X, Lutalo T, Nakyanjo N, Santelli JS. "It is my business": A mixed-methods analysis of covert contraceptive use among women in Rakai, Uganda. *Contraception*. 2018 Mar 4.

12. Mullinax M, **Grilo SA**, Song XS, Wagman J, Mathur S, Nalugoda F, ... & Santelli JS (2017). HIV-Risk behaviors of men who perpetrate intimate partner violence in Rakai, Uganda. *AIDS Education and Prevention*. 29(6), 527-539.
13. Bermudez LG, **Grilo SA**, Santelli JS, Ssewamala FM. Informing health choices in low-resource settings. *The Lancet*. 2017 Jul 22;390(10092):336-8.  
\*Bermudez and Grilo share first authorship
14. Santelli JS, **Grilo SA**, Lindberg LD, Speizer IS, Schalet A, Heitel J, ... & Rogers J (2017). Abstinence-only-until-marriage policies and programs: An updated position paper of the Society for Adolescent Health and Medicine. *Journal of Adolescent Health*, 61(3), 400-3.
15. Santelli JS, Kantor LM, **Grilo SA**, Speizer IS, Lindberg LD, Heitel J ... & Heck CJ (2017). Abstinence-only-until-marriage: An updated review of US policies and programs and their impact. *Journal of Adolescent Health*, 61(3), 273-280.
16. Cunningham SD, Lewis JB, Thomas JL, **Grilo SA**, & Ickovics JR (2017). Expect With Me: development and evaluation design for an innovative model of group prenatal care to improve perinatal outcomes. *BMC Pregnancy and Childbirth*, 17(1), 147.
17. Cunningham SD, **Grilo S**, Lewis JB, Novick G, Rising SS, Tobin JN, Ickovics JR. Group prenatal care attendance: Determinants and relationship with care satisfaction. *Maternal and Child Health Journal*. 2017 Apr 1;21(4):770-6.
18. **Grilo SA**, Shallcross AJ, Ogedegbe G, Odedosu T, Levy N, Lehrer S, Chaplin W, Spruill TM. Peer reviewed: Food insecurity and effectiveness of behavioral interventions to reduce blood pressure, New York City, 2012–2013. *Preventing Chronic Disease*. 2015;12.
19. Schwartz DL, Gilstad-Hayden K, Carroll-Scott A, **Grilo SA**, McCaslin C, Schwartz M & Ickovics J R (2015). Energy drinks and youth self-reported hyperactivity/inattention symptoms. *Academic Pediatrics*, 15(3), 297-304.
20. **Grilo SA**, Earnshaw VA, Lewis JB, Stasko EC, Magriples U, Tobin JN & Ickovics JR. (2015). Food matters: Food insecurity among pregnancy adolescents and infant birth outcomes. *Journal of Applied Research on Children: Informing Policy for Children at Risk: Vol 6: Iss.2, Article 4*.
21. Lancaster KJ, Carter-Edwards L, **Grilo S**, Shen C & Schoenthaler AM (2014). Obesity interventions in African American faith-based organizations: a systematic review. *Obesity Reviews*, 15(S4), 159-176.

#### *Manuscripts Under Review*

22. Santelli JS, **Grilo SA**, Klein JD, Liu Y, Yan H, Li B, Kaseeska K, Gorzkowski J, Urquhart G, Catalozzi M. The unmet need for discussions between healthcare providers and young people. (*Revise and Resubmit*) *Journal of Adolescent Health*
23. Sieving R, Mehus C, Catalozzi M, **Grilo SA**, Steiner RJ, Brar P, Kelly ED, Gerwitz O'Brien, JR, Gorzkowski J, Kaseeska K, Klein JD, McRee A, Randazzo L, Santelli JS. Understanding primary care providers' perceptions & practices in implementing confidential adolescent sexual & reproductive health services. (*Revise and Resubmit*) *Journal of Adolescent Health*

24. **Grilo, SA**, Nathanson CA, Santelli JS, Catalozzi M, Abascal M, Abraido-Lanza, A, Hernandez D. Check all that apply: Adolescents growing up in a generation allowed to be multiracial. (*Under Review*) *Journal of Research on Adolescence*
25. **Grilo, SA.**, Santelli JS, Klein JD, Li B., Liu Y, Urquhart G., Gorzkowski, J., Kaseeska K., Hernandez D., Catalozzi M. Understanding multiracial identification: A novel way of classifying multiracial identifications in adolescence. (*Under Review*) *Journal of Research on Adolescence*.

### Book Chapters

1. Santelli J, Kottke M, **Grilo SA**. Chapter 13: Abstinence, Noncoital Sex, and Sexual Health: What Every Clinician Needs to Know. In Kowal, D (Editor), *Contraceptive Technology*. In press.

### Editorials and Op-Eds

1. Santelli, JS, Lindberg, LD, **Grilo SA**, Kantor LM. (2019). Ideology or Evidence? Examining the Population-Level Impact of US Government Funding to Prevent Adolescent Pregnancy. *American Journal of Public Health*. 2019 Mar 1; 109(3): 356-7.
2. McGovern, T, **Grilo SA**, Garbers S, Schroeder L. Justice for Dr. Blasey Ford: Lessons from the Kavanaugh Hearing. Medium. <https://medium.com/@tm457/justice-for-dr-blasey-ford-lessons-from-the-kavanaugh-hearing-b8f07e192bc3>

### PEER-SELECTED PRESENTATIONS

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1. Catalozzi M, Anderson-Burnett S, Guzman A and **Grilo SA**. (2019) Workshop: Implicit Bias & Microaggressions in Adolescent Healthcare: Lessons learned from UME with Words of Advice for CME. Workshop Presentation at Society of Adolescent Health and Medicine
2. Catalozzi M, Dereix AE, **Grilo, SA** et al., (2019) A Mixed-Methods Approach to Understanding Parental Roles in Adolescent and Young Adults' Receipt of Confidential Care. Poster Symposia Presentation at Society of Adolescent Health and Medicine
3. Santelli JS, **Grilo SA**, Choo T, Diaz G, Walsh K, Wall M, Hirsch JS, Wilson P, Gilbert L, Khan, S, Mellins CA (2018). Childhood and Adolescent Risk and Protective Factors for Sexual Assault among College Undergraduates. *Oral Presentation at Population Association of America. Denver, CO*.
4. **Grilo SA**, Facing HIV infection and Unintended Pregnancy: A report from Rakai, Uganda (2017). Poster Presentation at Population Association of America. Chicago, IL.
5. **Grilo SA**, Couple Decision Making and Perspectives on Unintended Pregnancy in Rakai, Uganda: A Qualitative Analysis (2017) Oral Presentation at Psychosocial Working Group Population Association of America. Washington, D.C.
6. **Grilo SA**, Cunningham S.C., Grilo, C.M. Race, Place and Health in NYC. (2017). Poster to be presented at Society of Behavioral Medicine Annual Meeting. San Diego, CA.
7. **Grilo SA**, Predictors of Unintended Pregnancy in Rakai, Uganda (2016) Oral Presentation at Psychosocial Working Group Population Association of America. Washington, D.C.

8. **Grilo SA**, Ogedegbe, G. & Spruill, T. (April 2014). *Food Insecurity Limits the Effectiveness of Behavioral Interventions to Reduce BP*. Oral presentation given at the annual meeting of the Society for Behavioral Medicine as a part of the paper session: *The Role of Social and Environmental Factors in Cardiovascular Disease Risk and Prevention*. Philadelphia, PA.
9. **Grilo SA**, Earnshaw VA, Cunningham, S, Lewis L, Tobin JN, Ickovics JR. (2014) *Food Matters: Food Insecurity and Birth Outcomes Among Young, Urban Women of Color*. Poster presented at the annual meeting of the American Public Health Association. New Orleans, LA