

# CARMELA ALCÁNTARA, PH.D.

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**Date of Preparation:** November 10, 2019

**Personal Data:**

Birthplace: San Cristobal, Dominican Republic

Citizenship: USA

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## ACADEMIC APPOINTMENTS

07/2017 – Present	Associate Professor of Social Work (tenure-track) Columbia University School of Social Work	New York, NY
07/2015 – 07/2017	Assistant Professor of Social Work (tenure-track) Columbia University School of Social Work	New York, NY
07/2015 – Present	Faculty Affiliate, Social Intervention Group Columbia University School of Social Work	New York, NY
11/2015 – Present	Faculty Affiliate, Columbia Population Research Center Columbia University	New York, NY
09/2012 – 06/2015	Associate Research Scientist, Department of Medicine Columbia University Medical Center	New York, NY

## EDUCATION

05/2006 – 08/2010	University of Michigan, Department of Psychology (Clinical) Ph.D., August 2010 Dissertation Title: Do Ataque de Nervios and Padeecer de Nervios Function as Culture-Bound Syndromes and Markers of Distress among Mexican Mothers? A Mixed-Methods Analysis. Chair (Joseph P. Gone) Alcantara C, Abelson JL, Gone JP. Beyond anxious predisposition: do padeecer de nervios and ataque de nervios add incremental validity to predictions of current distress among mexican mothers? <i>Depression &amp; Anxiety</i> . Jan 2012;29(1):23-31.	Ann Arbor, MI
08/2004 – 05/2006	University of Michigan, Department of Psychology (Clinical) M.A., May 2006	Ann Arbor, MI
08/2000 – 05/2004	Cornell University, College of Arts & Sciences B.A., May 2004, <i>Magna Cum Laude</i> ; Psychology and Sociology; Concentration: Latino Studies. Distinction in all Subjects.	Ithaca, NY

## TRAINING

09/2010 – 08/2012	Postdoctoral Fellow, Harvard T.C. Chan School of Public Health Department of Social & Behavioral Sciences	Boston, MA
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07/2009 – 06/2010	Psychology Intern, Bellevue Hospital Center New York University Langone Medical Center	New York, NY
07/2008 – 05/2009	Practicum Student, Women's Perinatal Depression Team Department of Psychiatry, University of Michigan Medical School	Ann Arbor, MI
09/2007 – 05/2009	Practicum Student, Anxiety Disorders Clinic Department of Psychiatry, University of Michigan Medical School	Ann Arbor, MI
09/2006 – 12/2006	Practicum Student, Child Trauma Program Safehouse Center	Ann Arbor, MI

### LICENSURE

Licensed for the practice of psychology in the State of New York (License #: 022363).

### HONORS AND AWARDS

2017	Latino Social Work Coalition Leadership Award
2014	American Academy of Sleep Medicine Young Investigator Research Forum
2014	American Psychosomatic Society Young Investigator Colloquium
2013	NIH/NHLBI Investing in America's Future: Mentoring Researchers in Latino Health Disparities
2010 – 2012	Kellogg Health Scholars Program Postdoctoral Fellow
2011	Academy Health/Aetna Foundation Minority Scholars Program
2011	Family Research Consortium V Summer Institute Fellowship
2008	American Psychological Association MFP Psychology Summer Institute
2008	Rackham Outstanding Graduate Student Instructor Award (distinguished university teaching award)
2007	Rackham Graduate Student Research Grant
2007	Barbara A. Oleshansky Award
2007	National Multicultural Conference and Summit Travel Award
2007	Barbara Perry Roberson Award, Department of Psychology
2007	Dissertation/Thesis Grant, Department of Psychology
2007	Rackham Social Science Summer Training Award
2006, 2007	Teaching Honor Roll, Department of Psychology (Student evaluations in top 10%)

### ACADEMIC SERVICE

2019 – present	Columbia University, School of Social Work, Doctoral Program, Chair
2019 – present	Columbia University, School of Social Work, Ethics Committee, Member
2018 – present	Columbia University, School of Social Work, Doctoral Program Committee, Member
2018 – present	Columbia University, School of Social Work, Doctoral Admissions Committee, Member
2018 – present	Columbia University, School of Social Work, Curriculum Committee, Member
2017 – present	Columbia University, School of Social Work, Search Committee, Member
2016 – present	Columbia University, Collaborative to Advance Equity through Research, Member
2016 – 2017	Columbia University, School of Social Work, Admissions Committee, Co-Chair
2016 – 2017	Columbia University, School of Social Work, Diversity Task Force Committee
2016 – 2017	Columbia University, School of Social Work, Faculty Workload Committee
2015 – present	Columbia University, School of Social Work, Advanced Clinical Practice Committee
2015 – 2016	Columbia University, School of Social Work, Diversity Committee
2008 – 2009	University of Michigan, Department of Psychology Executive Committee

2008 – 2009 University of Michigan, Departmental Associate  
 2008 University of Michigan, Hispanic Heritage Month Planning Committee (Graduate Advisor)  
 2006 – 2008 University of Michigan, Clinical Area Admissions Committee  
 2007 – 2008 University of Michigan, Department of Psychology Diversity Committee  
 2006 – 2008 University of Michigan, Latina/o Student Psychological Association Executive Co-Chair  
 2006 – 2007 University of Michigan, Black Student Psychological Association Archival Co-Chair  
 2005 – 2006 University of Michigan, Black Student Psychological Association Social Chair

## PROFESSIONAL ORGANIZATIONS AND SOCIETIES

### Memberships and Positions

Anxiety and Depression Association of America, member  
 Sleep Research Society, member  
 American Psychological Association, member  
 Society for Social Work Research, member  
 American Psychosomatic Society, member  
 American Public Health Association, member  
 American Academy of Sleep Medicine, member  
 Society of Behavioral Sleep Medicine, member  
 Society for the Psychological Study of Ethnic Minority Issues, Division 45, American Psychology Association, member  
 Society for Health Psychology, Division 38, American Psychology Association, member  
 Society of Clinical Psychology, Division 12, American Psychology Association, member

## NATIONAL AND INTERNATIONAL SERVICE

### Grant Reviewer

2019 – 2023 Standing Member, National Heart Lung and Blood Institute Mentored Clinical and Basic Science (MCBS) Study Section, National Institutes of Health  
 2018 Temporary Reviewer, National Heart Lung and Blood Institute Mentored Clinical and Basic Science (MCBS) Study Section, National Institutes of Health  
 2015 External Reviewer, Research Program on Migration and Health (PISMA), an initiative of the University of California, Berkeley and the Health Initiatives of the Americas

### Leadership in Professional Organizations

2017, 2018, 2019, 2020 Conference Coordinator, Anxiety and Depression Association of America Conference  
 2013 – 2016 Co-Chair, Multicultural Special Interest Group, Anxiety and Depression Association of America

### Consulting Editor

2019 – present Cultural Diversity and Ethnic Minority Psychology

### Journal/Conference Reviewer

2015 – present Ad Hoc Reviewer, Circulation, American Journal of Epidemiology, Psychosomatic Medicine, American Journal of Preventive Medicine, Health Psychology, Sleep Health, Cultural Diversity and Ethnic Minority Psychology  
 2011 – present Ad Hoc Reviewer, Social Science & Medicine, American Journal of Public Health, Journal of Immigrant and Minority Health  
 2011 – 2013 Division 45 Proposals Reviewer, American Psychological Association Convention  
 2014 – present Symposium Submissions Reviewer, Anxiety and Depression Association of American Conference Annual Convention of the American Public Health Association

## GRANT SUPPORT

### Current Support

R01HS024274 (Alcántara, PI) AHRQ \$1,908,319 09/30/2018 – 07/31/2023

*Using eHealth to Expand Access to Cognitive Behavioral Therapy for Insomnia in Hispanic Primary Care Patients*

The primary goals of this research are to compare the effectiveness of a culturally adapted ehealth program of cognitive behavioral therapy for insomnia vs. enhanced usual care for Spanish-speaking, Hispanic patients; examine barriers and facilitators to implementation, and determine the cost effectiveness of the intervention.

K23 HL125748 (Alcántara, PI) NIH/NHLBI \$796,500 09/01/2015 – 04/30/2020

*Identifying Novel Behavioral Targets for Improving Sleep: A Self-Regulation Model*

The overall goal of this career development award is to develop an independent scientist whose program of research focuses on cardiovascular behavioral risk factors including sleep. Using unobtrusive and continuous data collection methods, this observational study aims to identify a novel behavioral target to improve sleep by examining whether sleep deficiency is associated with deficits in self-regulation resources, and exploring if socioeconomic status alters this association.

R01AG060929-01 (Yoon, PI; Alcántara, Co-I) NIH/NIA \$2,976,931 07/15/2019 – 05/31/2024

*Using Twitter to Enhance the Social Support of Hispanic and Black Dementia Caregivers (Tweet-SS)*

The specific aims for this application are (1) To analyze Tweets specific to dementia caregiving in Blacks and compare Tweet content and social network structures with our prior findings in Hispanics, which were already completed; (2) To operationalize a Twitter-based intervention to enhance the social support (informational, instrumental, emotional, appraisal) for Hispanic and Black dementia caregivers; and (3) To evaluate the impact of the Twitter-based intervention on Tweet content and social network structures of Hispanic and Black dementia caregiver networks.

U24AG052175 (Davidson, PI; Alcántara, Co-I) NIH \$610,369 09/01/2015 – 08/31/2020

*Columbia University Science of Behavior Change Resource and Coordinating Center*

The overall aim of this SOBC Resource and Coordinating Center (RCC) application is to provide strategic leadership, efficient coordination, inspired support, and pioneering dissemination of the innovative experimental medicine approaches that SOBC consortium scientists will adopt to identify, validate assays, and engage novel behavior change targets.

1R01HS024262 (Kronish, PI; Alcántara, Co-I) AHRQ \$780,000 09/01/2015 – 08/31/2020

*Increasing the Uptake of the USPSTF Hypertension Screening Guidelines in Primary Care*

The goal of this proposal is to determine the optimal approach to implementing the recent draft update to the U.S. Preventive Services Task Force (USPSTF) guidelines for hypertension screening in underserved primary care settings.

### Past Support

Columbia University Provost Grant (Alcántara, PI) \$25,000 06/01/2016 – 12/31/2017

Grant for Junior Faculty Who Contribute to the Diversity Goals of the University

*Cultural Adaptation of an Online Cognitive Behavioral Intervention for Insomnia for Hispanic Primary Care Patients*

This grant utilized a cultural adaptation stages model, which integrates both top-down and bottom-up approaches, to the cultural adaptation of an interactive online evidence-based program of CBT-I for English speaking and limited English-proficiency, low-income Hispanic primary care patients.

RWJF 73637 (Alcántara, Co-PI; Cabassa, Co-PI) \$100,000 06/01/2016 – 05/31/2017

*Disaggregating Latino Surveillance Health Data Across the Lifecourse: Barriers, Facilitators, and Exemplars*

The primary aim of this project was to identify the barriers and facilitators that either prevent or promote the collection of disaggregated surveillance health data on US Latinos. A secondary aim was to review exemplars of disaggregated surveillance health surveys to identify promising measures, approaches, and techniques.

PCORI (Davidson, PI; Alcántara, Co-I) PCORI \$749,815 12/01/2014 – 11/30/2017  
*Engaging Stakeholders in Building Patient-Centered N-of-1 Trials*

The aims of this proposal were to engage patients and other key stakeholders (e.g., clinicians and ethicists) to prospectively shape the research and methods agenda of an N-of-1 RCT approach to increase the likelihood that patients, clinicians, and health systems can benefit from this method as a clinical decision tool.

KL2 TR000081-10 (Alcántara, PI) NIH/CTSA \$89,100 07/01/2015 – 08/31/2015  
*Prognostic Risk of Sleep Deficiency After Acute Coronary Syndrome*

The primary goal of this proposal was to examine whether actigraphy-measured short sleep duration (<7 hours/night) after an acute coronary syndrome (ACS) predicted 1-year ACS recurrence and mortality in a large, diverse cohort of ACS patients, independent of traditional cardiovascular disease (CVD) risk factors.

3R01HL115941-01S1 (Davidson, PI; Burg, PI) NIH/NHLBI \$345,842 02/01/2013 – 06/30/2015  
*Ecological Link Of Psychosocial Stress To Exercise: Personalized Pathways*

Role: Awardee, Investigator Research Supplement to Promote Diversity in Health-Related Research

Building off the parent grant, the primary aims of this supplement were to examine whether anxiety sensitivity—a cognitive vulnerability— was a predictor of actigraphy-assessed exercise, and the effect of anxiety sensitivity on the relationship between ecologically-assessed stress perception and actigraphy-assessed exercise behavior.

1F31MH078257-01A1 (Alcántara, PI) NIH/NIMH \$51,303 01/01/2008 – 06/30/2009  
*Acculturation and Ataque de Nervios in a Community Sample*

Through the use of quantitative and qualitative methods this project explored the interplay between acculturation, ataque de nervios, and psychopathology in a Mexican/Mexican-American adult female community sample.

## EDUCATIONAL CONTRIBUTIONS

### Direct Teaching

**Instructor, Doctoral Proseminar in Social Work Research**, Columbia University, New York, NY 2019  
School of Social Work, 6 predoctoral students; Teaching evaluations: pending

**Instructor**, Human Behavior and the Social Environment, Columbia University, New York, NY 2015, 2016, 2017, 2018  
School of Social Work, 13-34 graduate students total; Teaching Evaluations: 4.61- 4.96 out of 5.0 rating.

**Instructor (invited)**, ICPSR Immigration, Immigrants, and Health Conditions, Health Status, and Health Policies 2015  
Transnational Ties, Immigrant Health, and Health Behavior Workshop, University of Michigan, Ann Arbor, MI  
25 enrollees

**Instructor**, Research Methods, University of Michigan, Ann Arbor, MI, 2007  
40 undergraduate students total; 20 students/discussion section; Teaching Evaluations: 4.90 out of 5.0 rating.

**Instructor**, Introduction to Psychopathology, University of Michigan, Ann Arbor, MI 2005, 2006  
120 undergraduate students total; 30 students/discussion section; Teaching Evaluations: 4.78-4.98 out of 5.0 rating.

### Advising and Mentorship

**Doctoral Supervisor**, Columbia University School of Social Work, New York, NY  
2017 – Present: Luciana Andrea Giorgio Cosenzo; 2018 – Present: Sarah Valentina Diaz; 2015: Sam Han

**Doctoral Comprehensive Exam Committee Member**, Columbia University School of Social Work, New York, NY  
2016 – Present: Julia Berenson

**K99/R01 Advisor on Mentoring Team**, Columbia University School of Nursing, New York, NY  
2018 – Present: Samantha Stonbraker, PhD

**Mentor**, Columbia University School of Social Work, New York, NY

Master's in Science in Social Work students (2018-2019: Marcos Huerta, Joseida Rosario; 2015 – 2018: Luciana Andrea Giorgio Cosenzo, Elliot Paradis McCullough, Tiffany Vogt; Jennifer Frias, Adriana Rossel Castro; Melanie Morris, Norma Itzel Salas)

**Mentor**, Biostatistics Enrichment Summer Training Diversity Program, New York, NY

2014

2 Undergraduate Trainees (Christopher Grant [University of Northern Carolina at Chapel Hill] and Audrey Gil [Southern Methodist University]), Program at Columbia University Mailman School of Public Health

## PUBLICATIONS

\*denotes student/trainee

### Original, Peer-Reviewed Research Publications in Print or Other Media

1. **Alcántara, C.**, \*Cosenzo, L.G., Shimbo, D., Miller, G.E. (in press). Longer Sleep Duration and Endothelial Cell Health among a Multi-Ethnic Sample of Adolescents. *Psychosomatic Medicine*.
2. Moise N, Thanataveerat A, Florez-Salamanca, L, Ye S, Qian M, Obi M, **Alcántara C**. Acceptability of depression treatment and telepsychiatry amongst individuals with a history of myocardial infarction. (in press). *Journal of General Internal Medicine*.
3. Romero, E., Abdalla, M., Thanataveerat, A., **Alcántara, C.**, Kronish, I., & Edmondson, D., Shechter, A. (in press). Short sleep duration following evaluation for acute coronary syndrome is associated with increased risk of 6-month readmission. *Psychosomatic Medicine*.
4. Johnson, D.A., Jackson, C.L., Williams, N., & **Alcántara, C.** (2019). Are Sleep Patterns Influenced by Race/Ethnicity- A Marker of Relative Advantage or Disadvantage? Evidence to date. *Nature and Science of Sleep*, 11, 79-95. doi: 10.2147/NSS.S169312
5. **Alcántara, C.**, Gallo, L. C., Wen, J., Dudley, K. A., Wallace, D. M., Mossavar-Rahmani, Y., . . . Patel, S. R. (2019). Employment Status and the Association of Sociocultural Stress with Sleep in the Hispanic Community Health Study/Study of Latinos (HCHS/SOL). *Sleep*, 42(4). doi: 10.1093/sleep/zsz002
6. Davidson, K. W., **Alcántara, C.**, & Miller, G. E. (2018). Selected psychological comorbidities in coronary heart disease: Challenges and grand opportunities. *American Psychologist*, 73(8), 1019-1030. doi: 10.1037/amp0000239
7. Diaz, K. M., Thanataveerat, A., Parsons, F. E., Yoon, S., Cheung, Y. K., **Alcántara, C.**, . . . Davidson, K. W. (2018). The Influence of Daily Stress on Sedentary Behavior: Group and Person (N of 1) Level Results of a 1-Year Observational Study. *Psychosomatic Medicine*, 80(7), 620-627. doi: 10.1097/psy.0000000000000610
8. Carter, E. J., Moise, N., **Alcántara, C.**, Sullivan, A. M., & Kronish, I. M. (2018). Patient Barriers and Facilitators to Ambulatory and Home Blood Pressure Monitoring: A Qualitative Study. *American Journal of Hypertension*, 31(8), 919-927. doi: 10.1093/ajh/hpy062

9. Yoon, S., Schwartz, J. E., Burg, M. M., Kronish, I. M., **Alcántara, C.**, Julian, J., . . . Diaz, K. M. (2018). Using Behavioral Analytics to Increase Exercise: A Randomized N-of-1 Study. *American Journal of Preventive Medicine*, 54(4), 559-567. doi: 10.1016/j.amepre.2017.12.011
10. McGlinchey, E. L., Oyesiku, L., Diaz, K. M., Ye, S., Abdalla, M., Schwartz, J. E., . . . **Alcántara, C.** (2018). Impact of Sleep Duration and Race on Recurrent Cardiovascular Events Following Acute Coronary Syndrome. *Journal of the American College of Cardiology*, 71(6), 701-703. doi: 10.1016/j.jacc.2017.10.099
11. Petrov, M. E., Weng, J., Reid, K. J., Wang, R., Ramos, A. R., Wallace, D. M., **Alcántara, C.** . . . Patel, S. R. (2018). Commuting and Sleep: Results From the Hispanic Community Health Study/Study of Latinos Sueno Ancillary Study. *American Journal of Preventive Medicine*, 54(3), e49-e57. doi: 10.1016/j.amepre.2017.11.006
12. **Alcántara, C.**, Patel, S. R., Carnethon, M., Castaneda, S., Isasi, C. R., Davis, S., . . . Gallo, L. C. (2017). Stress and Sleep: Results from the Hispanic Community Health Study/Study of Latinos Sociocultural Ancillary Study. *SSM Population Health*, 3, 713-721. doi: 10.1016/j.ssmph.2017.08.004
13. \*Meli, L., **Alcántara, C.**, Sumner, J. A., Swan, B., Chang, B. P., & Edmondson, D. (2017). Enduring somatic threat perceptions and post-traumatic stress disorder symptoms in survivors of cardiac events. *Journal of Health Psychology*, 1359105317705982. doi: 10.1177/1359105317705982
14. Kronish, I.M., **Alcántara, C.**, Duer-Hefeje, J., St. Onge, T., Davidson, K.W., Carter, E.J., Medina, V., Cohn, E., Moise, N. (2017). Opportunities for Personalized (N-of-1) Trials in the Mobile Health Era: Patient and Primary Care Provider Perspectives. *Journal of Clinical Epidemiology*. doi:10.1016/j.jclinepi.2017.06.008
15. **Alcántara, C.**, \*Giorgio, L.C., \*Fan, W., Doyle, D.M., Shaffer, J.A. (2017). Anxiety Sensitivity and Racial Differences in Sleep Duration: Results from a National Survey of Adults with Cardiovascular Disease. *Journal of Anxiety Disorders*, 48, 102-108. doi: 10.1016/j.janxdis.2016.10.002
16. Burg, M.M., Schwartz, J.E., Kronish, I.M., Diaz, K.M., **Alcántara, C.**, Duer-Hefeje, J., Davidson, K.W. Does Stress Cause You to Exercise Less? Or Does Exercising Cause You to be Less Stressed? Or is it Both? Testing the Bidirectional Stress-Exercise Association at the Group and Person (N of 1) Level. (2017). *Annals of Behavioral Medicine*. doi: 10.1007/s12160-017-9902-4
17. Moise, N., Ye, S., **Alcantara, C.**, Davidson, K. W., & Kronish, I. (2017). Depressive symptoms and decision-making preferences in patients with comorbid illnesses. *Journal of Psychosomatic Research*, 92, 63-66. doi: 10.1016/j.jpsychores.2015.12.001
18. Simonelli, G., Dudley, K. A., Weng, J., Gallo, L. C., Perreira, K., Shah, N. A., **Alcántara, C.** . . . Patel, S. R. (2017). Neighborhood Factors as Predictors of Poor Sleep in the Sueno Ancillary Study of the Hispanic Community Health Study/Study of Latinos (HCHS/SOL). *Sleep*, 40(1). doi: 10.1093/sleep/zsw025
19. **Alcántara, C.**, Li, X., Canino, G., & Alegría, M. (2016). Treatment Moderators and Effectiveness of Engagement and Counseling for Latinos Intervention on Worry Reduction in a Low-Income Primary Care Sample. *Journal of Consulting & Clinical Psychology*, 84(11), 1016-1022. doi: 10.1037/ccp0000146
20. **Alcántara, C.**, Biggs, M.L., Davidson, K.W., Delaney, J.A., Jackson, C., Zee, P., Shea, S.J.C., & Redline, S. (2016). Sleep Disturbances and Depression in the Multi-Ethnic Study of Atherosclerosis. *Sleep*, 39(4), 915-925. doi: 10.5665/sleep.5654
21. Torres, J., **Alcántara, C.**, Rudolph, K., & Viruell-Fuentes, E. (2016). Cross-border ties as sources of risk and resilience: Do cross-border ties moderate the relationship between migration-related stress and psychological

- distress for Latino migrants in the U.S.? *Journal of Health & Social Behavior*, 57(4), 436-452. doi: 10.1177/0022146516667534.
22. Arellano-Morales, L., Elder, J.P., Sosa, E.T., Baquero, B., **Alcántara, C.** (2016). Health Promotion among Latino Adults: Conceptual Frameworks, Relevant Pathways, and Future Directions. *Journal of Latina/o Psychology*, 4(2), 83-97. doi: 10.1037/lat0000051*Psychology*.
  23. Cespedes, E., Hu, F.B., Redline, S., Rosner, B., **Alcántara, C.**, Cai, J., Hall, M.H., et al. (2016). Comparison of Self-Reported Sleep Duration with Actigraphy: Results from the Hispanic Community Health Study/Study of Latinos Sueño Ancillary Study. *American Journal of Epidemiology*, 183(6), 561-573 doi: 10.1093/aje/kwv251
  24. Cohen, R., Gasca, N. C., McClelland, R. L., **Alcántara, C.**, Jacobs, D. R., Jr., Diez Roux, A., . . . Shea, S. (2016). Effect of Physical Activity on the Relation Between Psychosocial Factors and Cardiovascular Events (from the Multi-Ethnic Study of Atherosclerosis). *American Journal of Cardiology*, 117(10), 1545-1551. doi: 10.1016/j.amjcard.2016.02.026
  25. Denton, E.G., Shaffer, J.A., **Alcántara, C.**, Cardemil, E. (2016). Neighborhood Matters: The Impact of Hispanic Ethnic Density on Future Depressive Symptoms 1-Year Following an ACS Event among Hispanic Patients. *Journal of Behavioral Medicine*, 39(1), 28-40. doi: 10.1007/s10865-015-9679-5.
  26. **Alcántara, C.**, Klesges, L.M., Resnicow, K., Stone, A., & Davidson, K.W. (2015). Enhancing the Evidence for Behavioral Counseling: A Perspective from the Society of Behavioral Medicine. *American Journal of Preventive Medicine*, 49(3 Suppl 2); S184-93; doi: 10.1016/j.amepre.2015.05.015.
  27. Chen, X., Wang, R., Lutsey, P. L., Zee, P. C., Javaheri, S., **Alcántara, C.**, . . . Williams, M. A. (2016). Racial/ethnic differences in the associations between obesity measures and severity of sleep-disordered breathing: the Multi-Ethnic Study of Atherosclerosis. *Sleep Medicine*, 26, 46-53. doi: 10.1016/j.sleep.2015.06.003
  28. Edmondson, D., Arndt, J., **Alcántara, C.**, & Schwartz, J. (2015). Self-Esteem Buffers the Effect of Anxiety Fluctuations on Blood Pressure. *Psychosomatic Medicine*, 77(7), 833-841. doi: 10.1097/PSY.0000000000000219
  29. **Alcántara, C.**, Muntner, P., Edmondson, D., Safford, M. M., Redmond, N., Colantonio, L. D., & Davidson, K. W. (2015). Perfect storm: concurrent stress and depressive symptoms increase risk of myocardial infarction or death. *Circulation Cardiovascular Quality & Outcomes*, 8(2), 146-154. doi: 10.1161/circoutcomes.114.001180
  30. Chen, X., Wang, R., Zee, P., Lutsey, P.L., Javaheri, S., **Alcántara, C.**, Jackson, C.L., Williams, M.A., Redline, S. (2015). Racial/Ethnic Differences in Sleep Disturbances: The Multi-Ethnic Study of Atherosclerosis (MESA). *Sleep*, 38(6), 877-888. doi: 10.5665/sleep.4732.
  31. **Alcántara, C.**, Molina, K. M., & Kawachi, I. (2015). Transnational, social, and neighborhood ties and smoking among Latino immigrants: does gender matter? *American Journal of Public Health*, 105(4), 741-749. doi: 10.2105/ajph.2014.301964
  32. **Alcántara, C.**, Chen, C. N., & Alegria, M. (2015). Transnational ties and past-year major depressive episodes among Latino immigrants. *Cultural Diversity & Ethnic Minority Psychology*, 21(3), 486-495. doi: 10.1037/a0037540
  33. **Alcántara, C.**, Edmondson, D., Moise, N., Oyola, D., Hiti, D., & Kronish, I. M. (2014). Anxiety Sensitivity and Medication Nonadherence in Patients with Uncontrolled Hypertension. *Journal of Psychosomatic Research*, 77(4), 283-286. doi: <http://dx.doi.org/10.1016/j.jpsychores.2014.07.009>



34. Alegria, M., Ludman, E., Kalafi, N... **Alcántara, C.** et al. (2014). Effectiveness of the CERED (Comparative Effectiveness Research for Eliminating Disparities) Intervention on Low-Income Latinos. *Medical Care*, 52(11), 989-997. doi: 10.1097/MLR.000000000000232
35. Kronish, I., Rieckmann, N., Burg, M. M., **Alcántara, C.**, & Davidson K.W. (2014). The Psychosocial Context Impacts Medication Adherence after Acute Coronary Syndrome. *Annals of Behavioral Medicine*, 47(2), 158-164. doi: 10.1007/s12160-013-9544-0.
36. **Alcántara, C.**, Peacock, J., Davidson, K.W., Hiti, D., Edmondson, D. (2014). The Association of Short Sleep after Acute Coronary Syndrome with Recurrent Cardiac Events and Mortality. *International Journal of Cardiology*, 171(2), e11-e12. doi: 10.1016/j.ijcard.2013.11.135
37. **Alcántara, C.**, & Davidson, K.W. (2014). Mental Disorders and Coronary Heart Disease Risk: Could the Evidence Elude Us While We Sleep? *Circulation*, 129(2):139-141. 10.1161/circulationaha.113.006515.
38. **Alcántara, C.**, Chen, C., & Alegria, M. (2014). Do Post-Migration Perceptions of Social Mobility Matter for Latino Immigrant Health? *Social Science & Medicine*, 101, 94-106. 10.1016/j.socscimed.2013.11.024
39. Whang, W., Peacock, J., Soliman, E. Z., **Alcántara, C.**, Nazarian, S., Shah, A. J., . . . Shimbo, D. (2014). Relations between depressive symptoms, anxiety, and T Wave abnormalities in subjects without clinically-apparent cardiovascular disease (from the Multi-Ethnic Study of Atherosclerosis [MESA]). *American Journal of Cardiology*, 114(12), 1917-1922. doi: 10.1016/j.amjcard.2014.09.034
40. Wasson, L. T., Shaffer, J., **Alcántara, C.**, Schwartz, J. E., & Edmondson, D. (2014). The association of posttraumatic stress disorder and quality of life during the first year after acute coronary syndrome. *International Journal of Cardiology*, 176(3), 1042-1043. doi: 10.1016/j.ijcard.2014.07.290
41. Denton, E. G., Shaffer, J. A., **Alcántara, C.**, Clemow, L., & Brondolo, E. (2015). Hispanic residential ethnic density and depression in post-acute coronary syndrome patients: Re-thinking the role of social support. *International Journal of Social Psychiatry*, 61(3), 225-235. doi: 10.1177/0020764014540148
42. Shaffer JA, Diaz K, **Alcántara C**, Edmondson, D., Krupka, D.J., Chaplin, W.F., & Davidson, K.W. (2014). An inexpensive device for monitoring patients' weights via automated hovering. *International Journal of Cardiology*, 172(2): e263-e264. doi: 10.1016/j.ijcard.2013.12.123
43. **Alcántara, C.**, Casement, M.D., & Lewis-Fernández, R. (2013). Conditional Risk for PTSD among Latinos: A Systematic Review of Racial/Ethnic Differences and Sociocultural Explanations. *Clinical Psychology Review*, 33(1), 107-119. doi: 10.1016/j.cpr.2012.10.005
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47. **Alcántara, C.**, & Abelson, J.L., & Gone, J.P. (2012). Beyond Anxious Predisposition: Do Ataque de Nervios and Padecer de Nervios Add Incremental Validity to Predictions of Current Distress among Mexican Mothers? *Depression and Anxiety*, 29 (1), 23-31. doi:10.1002/da.20855
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51. Nazzi, T., Iakimova, G., Bertocini, J., Frédonie, S., & **Alcántara, C.** (2006). Early segmentation of fluent speech of fluent speech by infants acquiring French: Emerging evidence for crosslinguistic differences. *Journal of Memory and Language*, 54, 283-299.

#### Reviews, Chapters, Monographs, Editorials

1. **Alcántara, C.**, \*Estevez, C.D., Alegría, M. (2017) Latino and Asian Immigrant Adult Health: Paradoxes and Explanations. In S. Schwartz & J. Unger (Eds.), *Oxford Handbook of Acculturation and Health*. New York: Oxford University Press.
2. **Alcántara, C.**, Cabassa, L.J., Suglia, S., Perez Ibarra, I., Falzon, A.L., McCullough, E., Alvi, T. (2017). Disaggregating Latina/o Surveillance Health Data across the Lifecourse: Barriers, Facilitators, and Exemplars. Report contracted by the Robert Wood Johnson Foundation (RWJF Grant #: 73637).
3. **Alcántara, C.**, & Lewis-Fernández, R. (2016). Latinas' and Latinos' Risk of Posttraumatic Stress Disorder After Trauma Exposure: A Review of Sociocultural Explanations. In D. Hinton & B. Good (Eds.), *Culture and PTSD*. Philadelphia, Pennsylvania: University of Pennsylvania Press.
4. **Alcántara, C.**, & Gone, J.P. (2013). Multicultural issues in the clinical interview and diagnostic process. In F.T.L. Leong, L. Comas-Díaz, G. Nagayama Hall, V. McLoyd, & J. Trimble (Eds.), *APA handbook of multicultural psychology: Applications and training* (Volume 2). Washington, DC: American Psychological Association.
5. **Alcántara, C.**, Hudson Banks, K., Haynes, T. Graham, E.T., Winborne, K., & Kohn-Wood, L.P. (2009). Diversity issues in clinical psychology. In D.C.S. Richard & S.K. Huprich (Eds.), *Clinical Psychology: Assessment, Treatment, and Research*, (pp. 447- 473). New York: Academic Press.
6. **Alcántara, C.**, & Gone, J. P. (2007). Suicide in Native American communities: A transactional-ecological formulation of the problem. In F. T. L. Leong & M. M. Leach (Eds.), *Suicide among racial and ethnic groups: Theory, research, and practice*, (pp. 173-199). New York: Brunner-Routledge.
7. Gone, J. P., & **Alcántara, C.** (2006). *Traditional healing and suicide prevention in Native American communities: Research and policy considerations*. Unpublished report contracted by the Office of Behavioral and Social Sciences Research, National Institutes of Health (Contract No. MI-60823).

### Under Review

**Alcántara, C.**, Diaz, S.V., Giorgio, L.C., Loucks, E., Penedo, F., & Williams, N.J. Social Determinants as Moderators of Health Behaviour Change Interventions: Scientific Gaps and New Directions. Manuscript submitted for publication. Invited Contribution for Special Issue in *Health Psychology Review*.

**Alcántara, C.**, Giorgio, L.C., Vogt, T., McCullough, E.P., Falzon, A.L., Ibarra, I.P. Cultural Adaptations of Psychological Interventions for Prevalent Sleep-Wake Disorders in the United States: A Systematic Review. Manuscript submitted for publication. PROSPERO 2016: CRD42016039070

**Alcántara, C.**, Qian, M., Meli, L., Ensari, I., Siqin, K. Davidson, K.W., Diaz, K.M. Anxiety Sensitivity and Physical Inactivity in a National Sample of Adults with Cardiovascular Disease. Manuscript submitted for publication.

April-Sanders, A., Duarte, C., Wang, Shuang, MGlinchey, E., **Alcántara, C.**, Bird, H., et al. Childhood Adversity and Sleep Disturbances: Longitudinal Results in Puerto Rican Children. Manuscript submitted for publication. Invited Contribution for Special Issue in *International Journal of Behavioral Sleep Medicine*.

### In Progress

**Alcántara, C.**, Suglia, S., Ibarra, I.P., Falzon, A.L., McCullough, E., Alvi, T., & Cabassa, L. Disaggregation of Latina/o Child and Adult Health Data: A Systematic Review of Public Health Surveillance Surveys in the United States. Manuscript in Preparation. PROSPERO 2016: CRD42016041879. Invited Contribution for Special Issue in *Population Research and Policy Review*.

Hamilton, T., & **Alcántara, C.** Measuring the Degree of Variation in Health among Latinos: How Much Does Race, Country of Origin, and Ancestry Matter? Manuscript in preparation.

Giorgio, L.C., Diaz, S.V., & **Alcántara, C.** Migration and Sleep among Latina/o, Asian, and Black Adult Immigrants. In G. Nagayama Hall & E. Huang, E.R. (Eds.), *Immigration and Mental Health*. Elsevier. Manuscript in preparation.

## **INVITED AND/OR PEER-SELECTED PRESENTATIONS**

\*denotes trainee

### Invited

**Alcántara, C.** (2019, January). *Social Determinants of Latina/o Sleep Health: Insights and Implications for Behavioral Interventions*. Invited presentation for Center for Healthful Behavior Change in the Department of Population Health at New York University Langone School of Medicine, New York, NY.

**Alcántara, C.** (2019, January). *Social Determinants of Latina/o Sleep Health: Insights and Implications for Behavioral Interventions*. Invited presentation for Department of Psychology at University of Arizona, Tucson, AZ.

**Alcántara, C.** (2018, December). *Social Determinants of Latina/o Sleep Health: Insights and New Directions*. Invited presentation for Department of Psychiatry Grand Rounds at Weill Cornell Medical College-New York Presbyterian Hospital –Westchester Division, White Plains, NY.

**Alcántara, C.** (2017, June). *Unpacking Acculturation and Migration Health Data*. Invited presentation for the Robert Wood Johnson Foundation Racial/Ethnic Health Data Disaggregation Convening, Washington, DC.

**Alcántara, C.** (2017, March). *Social Determinants of Latina/o Sleep Health: Insights and New Directions*. Invited presentation for the Mt. Sinai Integrative Sleep Center in the Mount Sinai School of Medicine, New York, NY.

**Alcántara, C.** (2016, May). *Sleep in the 21<sup>st</sup> Century: A National Crisis and What We Can Do About It*. Invited presentation for the Columbia University School of Social Work Annual Alumni Conference, New York, NY.

**Alcántara, C.** (2015, November). *Latino Health: Exploring the Transnational Context*. Invited presentation for the Spanish Department at Franklin & Marshall College, Lancaster, PA.

**Alcántara, C.** (2015, April). *Context and Health: Exploring Migration, Socioeconomic, and Psychosocial Influences*. Invited presentation for Columbia University School of Social Work, New York, NY.

**Alcántara, C.** (2015, January). *Context and Health: Exploring Migration, Socioeconomic, and Psychosocial Influences*. Invited presentation for the Department of Psychology at San Diego State University, San Diego, CA.

**Alcántara, C.** (2014, October). *Aquí y Allá: Transnational Ties, Gender, and Latino Immigrant Health*. Invited presentation for the Latino Pedagogies: Theorizing a Transnational Experience Conference, Stony Brook University, Stony Brook, NY.

**Alcántara, C.** (2012, January). *Culture, Social Position, and the Mental Health of Latino Immigrants*. Invited presentation for the Department of Psychology at University of Southern California, Los Angeles, CA.

#### International

**Alcántara, C.** (2017, March). Employment and the Association of Stress with Insomnia and Habitual Sleep in Latina/os. In T. Lewis (Chair), *Hispanic Health Disparities*. Invited Symposium conducted at the 75<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Sevilla, Spain.

**Alcántara, C.** (2016, October). *Sleep in the 21<sup>st</sup> Century: A Global Crisis and What We Can Do About It*. Invited presentation for the Columbia University School of Social Work Recruitment Event, Beijing, China.

#### Select National Presentations

**Alcántara, C.,** Li, G., \*Zheng, X., \*Giorgio, Ibarra, I.P. (2019, March). Self-Regulatory Processes and Sleep among Urban-Dwelling Latina/o Adults. In C. Alcántara (Chair), *Self-Regulatory Processes, Mental Health, and Help Seeking among Racial/Ethnic Minorities across the Lifecourse*, Symposium conducted at the Anxiety and Depression Association of America Annual Conference, Chicago, IL.

Fustis, E., Roember, L., **Alcantara, C.**, Arbid, N., Graham-LoPresti, J., Hayes-Skelton, S. (2018, April). Cultivating Awareness and Understanding of Privilege and Marginization to Enhance Culturally-Responsive Clinical Work and Mentorship: The Role of Cultural Humility and Compassion. Panel Discussion at the Anxiety and Depression Association of America Annual Conference, Washington, DC.

**Alcántara, C.,** \*Giorgio, L.C., Fan, W., Doyle, J. Shaffer, J.A. (2017, April). Anxiety Sensitivity and Racial Differences in Sleep Duration: Results from a National Survey of Adults with Cardiovascular Disease. In K. D'Anna-Hernandez (Chair), *Health Disparities in Anxiety and Behavioral Health Factors*, Symposium conducted at the Anxiety and Depression Association of America Annual Conference, San Francisco, CA.

**Alcántara, C.,** Hayes-Skelton, S. (2016, April). In C. Alcantara & S. Hayes-Skelton (Co-Chairs), *Enhancing the Cultural Sensitivity of Interventions for Anxiety and Depression*. Roundtable conducted at the Anxiety and Depression Association of America Annual Conference, Philadelphia, PA.

**Alcántara, C.,** Carnethon, M., Arredondo, E., Castaneda, S., Isasi, C.I., Ramos, A.R., Davis, S., Patel, S., Redline, S., Zee, P.C., & Gallo, L.C. (2016, March). Chronic Psychosocial and Sociocultural Stress and Sleep Disturbances in the HCHS/SOL- Sociocultural Ancillary Study. In W. Troxel (Chair), *From Couples to Communities: Understanding How Social Environments Influence Sleep*. Symposium conducted at the 74<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Denver, CO

**Alcantara, C.,** Diaz, K.M., Parsons, F., Schwartz, J.E., Burg, M., & Davidson, K.W. (2016, March). Anxiety Sensitivity,

Stress, and 6-Month Exercise Behavior in Healthy Adults. In J. Stewart (Chair), *Learning From Healthy Populations*. Paper presented at the 74<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Denver, CO.

**Alcántara, C.**, Biggs, M.L., Davidson, K.W., Delaney, J.A., Jackson, C., Zee, P., Shea, S.J.C., & Redline, S. (2015, June). *Sleep Disturbances and Depression in the Multi-Ethnic Study of Atherosclerosis*. Poster presented at SLEEP, Seattle, WA.

**Alcántara, C.**, Gill, A., Grant, C. (2015, April). Psychosocial and Sociodemographic Correlates of Sleep Deficiency in Adults with Coronary Heart Disease. In K. Martinez (Chair), *Culture, Biology, & Context: Does it Matter for Practice?* Symposium conducted at the Anxiety and Depression Association of America Annual Conference, Miami, FL.

**Alcántara, C.**, Chen, X., Canino, G., Alegria, M.I. (2014, March). The Effect of a Cognitive Behavioral Intervention for Depression on Anxiety among Latino Primary Care Patients: Evidence of Transdiagnostic Clinical Utility. In C. Alcántara (Chair), *Racial/Ethnic and Sociocultural Considerations in the Search for Personalized Treatments for Anxiety and Mood Disorders*. Symposium conducted at the Anxiety Disorders and Depression Conference, Chicago, IL.

**Alcántara, C.**, Molina, K., & Kawachi, I. (2013, November). Transnational, Social, and Neighborhood Ties and Smoking among Latino Immigrants: Does Gender Matter? Paper presented at the American Public Health Association 141<sup>st</sup> Annual Meeting and Exposition, Boston, MA.

**Alcántara, C.** (2013, August). Patient Preferred Outcomes and Interventions for Patients with Heart Attacks. In J.A. Shaffer & C. Alcántara (Co-Chairs), *Patient Oriented Research in Health Psychology*. Symposium conducted at the 121<sup>st</sup> Annual Convention of the American Psychological Association in Honolulu, Hawaii.

**Alcántara, C.**, Chen, C., & Alegría, M. (2012, May). *Transnational Ties and Latino Immigrant Mental Health*. Paper presented at the 2<sup>nd</sup> Biennial American Psychological Association Division 45 Conference, Ann Arbor, MI.

**Alcántara, C.**, Casement, M.D., & Lewis-Fernández, R. (2012, April). Conditional Risk Differences for PTSD among Latinos: A Systematic Review of Racial/Ethnic Differences and Sociocultural Explanations. Paper presented at the 32<sup>nd</sup> Annual Conference of the Anxiety Disorders Association of America, Arlington, Virginia.

**Alcántara, C.** (2010, November). Clinical Utility and Validity of Ataque de Nervios and Padecer de Nervios among Mexican Mothers: A Mixed Method Analysis. Paper presented at NIH Trainee Seminar, Harvard School of Public Health, Boston, Massachusetts.

**Alcántara, C.**, & Gone, J.P. (2007, January). Trauma and Aboriginal residential school syndrome: The need for counter narratives. In J.P. Gone (Chair), *Promoting (counter) narratives of resilience in multiply oppressed communities*. Symposium conducted at the National Multicultural Conference and Summit 2007: The psychology of multiple identities: Finding empowerment in the face of oppression, Seattle, Washington.

**Alcántara, C.** (2006, May). Turning the investigative lens inward. In C.Winston (Chair), *Up close and personal: Teaching and learning in a narrative, life story, and race graduate seminar in the department of psychology at the University of Michigan*. Symposium conducted at the meeting of the Second International Congress of Qualitative Inquiry, Urbana-Champaign, IL.

## MEDIA

For **Alcántara, C.**, Muntner, P., Edmondson, D., Safford, M. M., Redmond, N., Colantonio, L. D., & Davidson, K. W. (2015). Perfect storm: concurrent stress and depressive symptoms increase risk of myocardial infarction or death. *Circ Cardiovasc Qual Outcomes*, 8(2), 146-154. doi: 10.1161/circoutcomes.114.001180

March 10, 2015

**TIME; WebMD; US News & World Report; CBS News; Medical Xpress; Live Science; Yahoo News, UK; CBS Local**