

LUCIANA GIORGIO COSENZO, MSSW

420 East 80th Street Apt 1K
New York, NY 10075

Tel: 301 742-2187
Email: luciana.giorgio@columbia.edu

EDUCATION

| | | |
|---------------|---|-----------------------|
| PhD Candidate | Columbia School of Social Work, New York, NY Concentration in Advanced Practice | Anticipated: May 2021 |
| MSSW | Columbia School of Social Work, New York, NY Concentration in Advanced Generalist Practice and Programing | May 2017 |
| BA | University of North Carolina at Chapel Hill, Chapel Hill, NC Major: Psychology; Minor: French Study Abroad: Université du Paul Valéry III Montpellier, France | December 2014 |

HONORS & AWARDS

| | |
|---|-----------|
| Dr. Barbara Berkman and Dr. Grace Christ Doctoral Scholarship Fund <i>Scholarship awarded to support doctoral studies at Columbia School of Social Work</i> | 2019-2020 |
| Columbia University Doctoral Provost Diversity Fellowship recipient <i>Fellowship awarded to doctoral students who have overcome systemic challenges or hardships in their academic pursuits and who have demonstrated a strong commitment to engaging diversity</i> | 2017 |
| Psi Chi Psychology National Honors Society, UNC at Chapel Hill <i>Membership granted to psychology students in the top 35% of their class with a minimum 3.0 average GPA</i> | 2013-2015 |
| National Society of Collegiate Scholars, UNC at Chapel Hill <i>Invited to join based on deep commitment to scholarship, leadership, and service and a minimum GPA of 3.0</i> | 2012-2015 |
| Graduated with Distinction, UNC at Chapel Hill <i>Awarded to students who have obtained a cumulative GPA of at least 3.5</i> | 2014 |
| Dean's List, UNC at Chapel Hill <i>Awarded per semester to students who obtain an average GPA of at least 3.5</i> | 2011-2014 |

PROFESSIONAL AFFILIATIONS

Member, Council for Social Work Education
Member, Society for Social Work and Research
Member, Sleep Research Society
Member, American Psychosomatic Society
Member, Anxiety and Depression Association

PUBLICATIONS

Peer-Reviewed Research Publications

Alcántara, C., Diaz, S.V., **Giorgio Cosenzo, L.A.**, Loucks, E., Penedo, F., & Williams, N.J. (2020). Social determinants as moderators of the effectiveness of health behavior change interventions: Scientific gaps and opportunities. *Health Psychology Review*. 14(1). 132-144.

Alcántara, C., **Giorgio Cosenzo, L.A.**, Leigh, A.K.K., Shimbo, D., Miller, G.E. (2019). Longer sleep duration and endothelial cell health among a multi-ethnic sample of adolescents. *Psychosomatic Medicine*, 81(9), 778-781.

Alcántara, C., **Giorgio Cosenzo, L. A.**, Fan, W., Doyle, D. M., Shaffer, J. A. (2017). Anxiety sensitivity and racial differences in sleep duration: Results from a national survey of adults with cardiovascular disease. *Journal of Anxiety Disorders*, 48, 102-108.

Peer-reviewed Book Chapters

Giorgio Cosenzo, L.A., Diaz, S.V., Morris, M., Alcántara, C. (2020). Risk and protective factors for insomnia among Asian, Black, and Latinx adult immigrants in the United States: A socioecological analysis. In G. Hall & E. Huang (Eds.), *Mental and Behavioral Health of Immigrants in the United States*. Cambridge, MA: Academic Press.

Under Review

Alcántara, C., **Giorgio Cosenzo, L.A.**, McCullough, E., Vogt, T., Falzon, A.L., Perez Ibarra, I. (under review). Cultural adaptation of psychological interventions for prevalent sleep-wake disorders in the United States: A systematic review.

PEER-SELECTED PRESENTATIONS

Select National Presentations

Giorgio Cosenzo, L.A., & Alcántara, C. (2020, January). Intrafamilial and extrafamilial acculturation stress and insomnia among US-born and immigrant Latinx adults. Poster presented at the 24th Annual Conference “Reducing Racial and Economic Inequality” of the Society for Social Work Research, Washington D.C.

Giorgio Cosenzo, L.A., Pérez Ibarra, I., Yin, X., & Alcántara, C., (2019, June). Stress types, depressive symptoms, and sleep outcomes among Latina/o adults. Poster presented at the 33rd Annual SLEEP Conference of the Associated Professional Sleep Societies, San Antonio, TX.

Giorgio Cosenzo, L.A., Pérez Ibarra, I., Yin, X., & Alcántara, C., (2019, March). Intrafamilial and extrafamilial acculturation stress, and insomnia symptoms among Latina/o adults. Poster presented at the Anxiety and Depression Association Annual Conference, Chicago, IL.

Giorgio Cosenzo, L.A., Pérez Ibarra, I., Guo, W., Binder, H., & Alcántara, C., (2018, April). Acculturation stress, social support, social burden, and insomnia among Latina/o adults. Poster presented at the Anxiety and Depression Association Annual Conference, Washington D.C.

Giorgio Cosenzo, L. A., Fan, W., Qian, M., Julian, J., Alcántara, C. (2017, April). Religious practices, stress, and sleep quality in adults with cardiovascular disease: Results from a national survey. Poster presented at the Anxiety and Depression Association Annual Conference, San Francisco, CA.

RESEARCH EXPERIENCE

- 2016 – present Graduate Research Assistant. Sleep, Mind, and Health Research Program, Columbia School of Social Work, New York, NY.
Latino Sleep and Health Study: (January 2016 to present): Coordinated and conducted recruitment, screening, and interviewing of English-speaking and Spanish-speaking participants for NIH/NHLBI funded study using Qualtrics and FileMaker Pro. Lead data management and analysis of objective sleep data and psychosocial data
- Domir Mejor Study: (February 2019 to present): Assist with the development and distribution of screener, baseline, and interview materials for Hybrid I-Effectiveness and Implementation R01 Study funded by AHRQ. Co-facilitate virtual focus group interviews with Spanish-speaking Latinx adults with insomnia. Lead qualitative analysis of focus group transcripts to inform cultural adaption of psychological insomnia treatment*
- Cognitive-Behavioral Therapy for Insomnia for Latinos: (November 2016 to present): Developed and conducted focus group interviews with English and Spanish-speaking Latinxs with insomnia for pilot study to test acceptability and feasibility of digital behavioral treatment for insomnia. Assist in thematic content analysis of focus group transcripts*
- Supervisor: Carmela Alcántara, PhD, Principle Investigator

- 2013-2014 Research Assistant. Emotions and Social Interaction Laboratory. University of North Carolina at Chapel Hill, Chapel Hill, NC.
Understanding Romantic Relationships Study: Collaborated with implementation of research protocol with 20 couples by placing ECG and GSC sensors, blood pressure cuffs, and respiration bands on participants and monitoring physiological data collection with the use of BioLab software
- Supervisor: Sara Algoe, PhD, Principal Investigator

TEACHING EXPERIENCE

- 2020 Graduate Teaching Assistant. Program Evaluation. Columbia School of Social Work, New York, NY
Collaborated with instructor in course content, design, and facilitation Assessed 22 graduate students regarding meeting course expectations, including grading written and oral assignments and class participation Supported student learning through addressing student inquiries on course materials, content, and assignment procedures in online setting
- 2020 Guest Lecturer. Program Evaluation. Columbia School of Social Work, New York, NY
Led Qualitative Methods lecture for 22 graduate students through an

online platform

Provided background and application of focus group and semi-structured interview methods

COMMUNITY PRACTICE EXPERIENCE

- 2016-2017 Social Work Intern. Social Intervention Group. Columbia School of Social Work, New York, NY
Created partnerships with community agencies to foster community-informed research collaborations, collaborated with interdisciplinary YouGov research group on generation and discussion of projects
- 2015-2016 Social Work Intern. Public Health Solutions Mother and Infant Care-Women's Health Services, Brooklyn, NY
Provided supportive counseling to 35 patients with mental health disorders (e.g. depression and anxiety)
- 2014-2015 Co-Director of N.C. Scholars Latino Initiative, University of North Carolina at Chapel Hill, Chapel Hill, North Carolina
Spearheaded the planning of bimonthly academic and community service events for 150 students and coordinated fundraising efforts for 10 scholarships
- 2013-2014 Intern. Children's Villages of Honduras, Chapel Hill, North Carolina
Established partnerships with campus organizations to promote awareness of needs of children in select orphanages in Honduras
- 2013 Intern. Nueva Vida, Washington D.C.
Interviewed newly diagnosed cancer patients and cancer survivors to participate in Cancer Survivor Peer Support Program

UNIVERSITY SERVICE

- 2018-2019 Student Representative, Committee on the Doctoral Program. Columbia School of Social Work.
Represented doctoral students at quarterly meetings discussing doctoral curriculum and resources
- 2016-2017 Student leader. Mentor, Advocate, Peer Program at Columbia School of Social Work, New York, NY.
Coordinated academic guidance and community-building events for 20 first-year MSSW students

VOLUNTEER SERVICE

- 2018-2019 Mentor. iMentor, New York, NY.
Provided guidance and support in college application process to a first-generation high school junior

- 2012-2015 Mentor. N.C. Scholars Latino Initiative, University of North Carolina at Chapel Hill, Chapel Hill, North Carolina.
Provided academic and emotional support to high school student for 3 years (sophomore-senior year) through the college admissions process
- 2014 Teacher. Washington English Center. Washington D.C.
Taught English as a second language to 10 adults
- 2014 Teaching Assistant. Jules Guesde and Jules Ferry [High Schools], Montpellier, France.
Provided instructor with support in teaching English and Spanish as a second language in 2 class of 15-20 French high school students