

## **QUALIFICATIONS SUMMARY**

- Doctoral student in Population and Family Health at Columbia University’s Mailman School of Public Health, focusing on sexual reproductive health and gender-based violence among youth
- Applied researcher with 10 years of experience carrying out mixed-methods research, leading study design, data collection and analyses, manuscript development and dissemination activities
- Fluent in French, Spanish, Portuguese and English, with extensive field experience in Latin America, East Africa, West Africa and North America

## **PROFESSIONAL EXPERIENCE**

### **Columbia University’s Mailman School of Public Health**

New York, NY

#### ***Director, SSTAR Project***

Aug. 2018 – Present

- Manage the Structural and Social Transitions among Adolescents and Young Adults in Rakai (SSTAR) project activities, oversee communications, IRB and NIH reporting requirements
- Spearhead successful NIH grant proposal exploring the bioethical issues of involving adolescents as research participants in an epidemiological HIV cohort study site in Rakai, Uganda
- Conduct quantitative and qualitative analyses and co-author project publications, including manuscripts and reports related to sexual and reproductive health and youth topics

### **Promundo-US**

New York, NY

#### ***Research Consultant***

Aug. 2018 – Sept. 2019

- Conducted quantitative data analyses of IMAGES studies in Honduras, Niger and Uganda focused on gender norms, child marriage, family violence, and other themes
- Supported study design activities, including questionnaire design and adaptation for an IMAGES study conducted in Georgia, in partnership with UNFPA and UNDP

### **Institute for Reproductive Health (IRH), Georgetown University**

Washington, D.C.

#### ***Research Officer***

Oct. 2015 – Aug. 2018

- Supported 3 research studies in Uganda under the REAL and FACT projects, to reduce intimate partner violence and violence against children, and improve family planning use, respectively
- Managed study activities, including study design and IRB protocols, data collection, quantitative and qualitative analyses, and results utilization
- Spearhead assessments of sexual and reproductive health programs, including an assessment of USAID family planning programs in Jordan and a global review of couples counseling interventions

### **Instituto Promundo**

Rio de Janeiro, Brazil

#### ***Independent Consultant***

Oct. 2014 – Sept. 2015

- Collaborated on design and data analyses of studies in Portuguese, including urban violence IMAGES study exploring the role of masculinities on non-violent trajectories in Rio de Janeiro
- Conducted process evaluation of UN Women project integrating a gender transformative intervention with participants of Brazil’s “Bolsa Familia” conditional cash transfer program

**World Bank Group**

Rio de Janeiro, Brazil

***Independent Consultant***

Aug. – Sept. 2015

- Designed evaluation of Rio's Secretariat for Women's Policy "Via Lilas" totem project, aimed at improving access to services for marginalized women at risk of intimate partner violence
- Trained team members on evaluation instruments and protocols, conducted semi-structured and in-depth interviews with participants in Portuguese, and; collaborated on data analysis plan

**International Initiative for Impact Evaluation (3ie)**

Remote

***Independent Consultant***

Nov. 2014 – Sept. 2015

- Supported systematic review of published experimental and quasi-experimental studies for the Impact Evaluation Repository, a global resource index for global development researchers
- Reviewed and synthesized over 200 papers following protocol criteria for repository inclusion

**Raise Health Initiative at Meridian Group International, Inc.**

Washington, DC

***Project Manager, Haiti Initiative***

May 2013 – Sept. 2014

- Managed a public-private initiative with a garment factory in Port-au-Prince, Haiti, providing technical assistance in French with the aim of improving health services for 1,600 workers
- Collected and analyzed evaluation data, producing 3 reports describing baseline, mid-term and evaluation findings from focus groups, interviews, primary documents and site observations

**Education Development Center, Inc. (EDC)**

Washington, DC

***Research Assistant***

March – Aug. 2014

- Supported quantitative and qualitative analyses of impact evaluations, including Proyecto METAS, a USAID-funded education project reaching over 22,000 at-risk youth in Honduras
- Conducted SPSS data interpretation, visualizing outputs and graphics, and drafting report sections

**“Investigation of the Social and Geographic Context of Sexual Risk Behavior, Identity Development and Service Use among Adolescent Black MSM in DC”**

Washington, D.C

***Research Assistant, Dr. Nina Yamanis, American University***

July 2013 – Aug. 2014

- Supported data collection for District of Columbia Development Center for AIDS Research study on social networks and sexual risk behavior among adolescent black men who have sex with men, conducting ACASI computer surveys and in-depth interviews with adolescent participants

**“Identifying HIV Prevention Strategies for Latino Sexual Minority Young Men Living in DC”**

***Research Assistant, Dr. Nina Yamanis, American University***

Nov. 2012 – June 2013

- Supported formative data collection on social networks and sexual risk behavior among young Latino immigrant men who have sex with men in DC, collecting and transcribing in-depth interviews in Spanish, and conducting ethnographic observations

**“Local NGO Participation at the 2012 International AIDS Conference”**

Washington, DC

***Research Assistant, Dr. Rachel Sullivan Robinson, American University***

July – Sept. 2012

- Collected and transcribed semi-structured interviews and field observations, and supported focus group discussions as part of study on NGO participation at 2012 International AIDS Conference

**U.S. Peace Corps, Guatemala**

El Quiché and Totonicapán, Guatemala

***Rural Health Volunteer / Volunteer Leader***

April 2009 – June 2012

- Chaired in-country HIV/AIDS Committee, implementing \$12,500 in PEPFAR funds, resulting in training of 1,209 Ministry of Health workers in HIV prevention with at risk populations
- Partnered with Population Council’s “*Abriendo Oportunidades*” program in facilitating sexual and reproductive health education trainings for 65 indigenous Mayan girls in Spanish
- Facilitated educational trainings for migrant sex workers on sexual and reproductive health topics

**EDUCATION**

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**Columbia University’s Mailman School of Public Health**

New York, NY

**Doctor of Public Health (DrPH) in Population & Family Health**

August 2018 - Present

- Coursework in biostatistics, qualitative methods, global health principles and policies, teaching and communication

**School of International Service (SIS) at American University**

Washington, DC

**M.S. IN DEVELOPMENT MANAGEMENT**

May 2014

- Coursework in global health governance, epidemiology, development studies, program evaluation

**New York State University at Oneonta (SUNY Oneonta)**

Oneonta, NY

**B.S. IN POLITICAL SCIENCE, Magna Cum Laude**

May 2007

- Coursework in statistical methods in political science, human rights and Latin American affairs

**HONORS AND AWARDS**

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***Scholarships***

Mailman School of Public Health Merit Scholarship

August 2018 - Present

Sexual Violence Research Initiative (SVRI) & Oak Foundation Travel Bursary

October 2019

Mailman Student Conference and Leadership Experience Program Travel Grant

August 2019

Epidemiology and Population Health Summer Institute (EPIC) Scholarship

June 2019

***Awards***

‘Outstanding Service to the SIS Community’ Dean’s Award, American University

April 2014

SIS Dean’s Award, American University

August 2012 – May 2014

***Memberships***

Delta Omega Honor Society, Delta Pi Chapter

October 2019- Present

Columbia Population Research Center (CPRC) Fellow

April 2019 – Present

**SKILLS**

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- **Languages:** Fluent French, Spanish, Portuguese; conversational American Sign Language (ASL)
- **Computers:** STATA, SAS, SPSS, NVIVO, Dedoose, Microsoft Office Package

## **PUBLICATIONS**

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### **PEER REVIEWED PUBLICATIONS**

- Davis, K., Minckas, N., Clark, C.J., Colbourn, T., Drabble, S.J., Hesketh, T., Hill, Z., Morrison, J., Mweemba, O., Osrin, D., Prost, A., Seeley, J., Shahmanesh, M., **Spindler, E.**, Stern, E., Turner, K.M., & Mannel, J. (2019). Beyond interviews and focus groups: a framework for integrating innovative qualitative methods into randomised controlled trials of complex public health interventions. *Trials*, 20(1), 329. doi:10.1186/s13063-019-3439-8
- Santelli, J., **Spindler, E.**, Moore, E. & McGovern, T. (2018). Criminalising Sexuality or Preventing Child Marriage: Legal interventions and girls' empowerment." *The Lancet Child & Adolescent Health*. DOI: 10.1016/S2352-4642(18)30370-5
- Ojanduru, L., Ojamuge, D., DuComb, L., Cachan, J., & **Spindler, E.** (2018). Testing a proof of concept model for group couples counseling in family planning in Northern Uganda. *The Pan African medical journal*, 30, 179. doi:10.11604/pamj.2018.30.179.12670
- **Spindler, E.**, Bitar, N., Solo, J., Menstell, E., & Shattuck, D. (2017). Jordan's 2002 to 2012 Fertility Stall and Parallel USAID Investments in Family Planning: Lessons From an Assessment to Guide Future Programming. *Global health, science and practice*, 5(4), 617-629.
- Moura, T., **Spindler, E.**, and Taylor, A. (2015). "Portugal's Masculinities Crisis: Gender equality in the era of flagging economies." *Ex-Aequo: Associação Portuguesa de Estudos sobre as Mulheres (APEM)*; 32: 2015.

### **PUBLICATIONS IN PROGRESS**

- **Spindler, E.**, Nalugoda, F., Lutalo, T., Chen, I., Grilo, S., Moore, E., Nguyen, N., & Santelli, J. Have child marriage practices changed? A Longitudinal analysis in Rakai, Uganda, 1994-2018 (*Paper under preparation*).
- **Spindler, E.** Beyond Risks and Consequences: A Qualitative Meta-synthesis of Child Marriage Narratives (*Paper under preparation*).

### **PUBLISHED REPORTS**

- **Spindler, E.**, Perlman, D., Chaibou, S., Silverman, J., Carter, N., Boyce, S., Levto, R., Vlahovicova, K., & Lauro, G. (2019). Child marriage, fertility, and family planning in Niger: Results from a study inspired by the International Men and Gender Equality Survey (IMAGES). Washington, DC: Promundo-US.
- Vlahovicova, K., **Spindler, E.**, Levto, R., Hakobyan L. (2019). Evolving Perspectives: Results from the International Men and Gender Equality Survey (IMAGES) in Central Uganda. Washington, DC: Promundo-US and International Center for Research on Women.
- **Spindler, E.** & Ojanduru, L. (2018). EDEAN Proof of Concept Final Evaluation Report: Evaluating a peer learning and community theatre intervention to increase fertility awareness and family planning use. *Fertility Awareness for Community Transformation (FACT) Project*. Washington, D.C.: Institute for Reproductive Health, Georgetown University.
- **Spindler, E.** (2015). "Beyond the Prostate: Brazil's national healthcare policy for men (PNAISH)." *EMERGE Case Study 1*, Promundo-US, Sonke Gender Justice & Institute of Development Studies.

### **BOOK CHAPTERS**

- Kreniske, P., **Spindler, E.**, & Santelli, J. Adolescent Development and Schooling in the Digital Age. In *Technology and Adolescent Health Behavior: In School and Beyond (In Press)*.

## **CONFERENCE PRESENTATIONS**

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- **Spindler, E.** (October 2019). “The decade of scalability: What have we learned from child marriage programs?” Oral presentation at 2019 Sexual Violence Research Initiative (SVRI) Forum, Cape Town, South Africa.
- Vlahovicova, K., Levtov, R., & **Spindler, E.** (October 2019). “International Men and Gender Equality Survey (IMAGES) on the intersection of VAW and VAC in Uganda and Tanzania.” Flash presentation at 2019 Sexual Violence Research Initiative (SVRI) Forum, Cape Town, South Africa.
- Kohli, A., **Spindler, E.**, Almond, D., Okello, F., Lundgren, R., Natyang, M., Ojamuge, D. (October 2019). “Sustaining violence prevention one-year post intervention: findings from a parenting intervention, REAL Fathers, to prevent violence against young children and intimate partners.” Oral presentation at 2019 Sexual Violence Research Initiative (SVRI) Forum, Cape Town, South Africa.
- **Spindler, E.**, Kohli, A., Ojamuge, D., Okello, S., Natyang, M., Kabagenyi P., Okello, F., Almond, D., & Lundgren, R. (November 2018). “Scaling up REAL Fathers: Evaluating the integration of family planning into an effective family violence prevention intervention in Uganda.” Flash presentation at the International Conference on Family Planning (ICFP) 2018, Kigali, Rwanda.
- **Spindler, E.**, Cachan, J., Shattuck, D., Fultz, H., & Haile L. (November 2018). “Gaps and Opportunities in Counseling Couples: A systematic review of couples counseling interventions in sexual and reproductive health.” Flash presentation at ICFP 2018, Kigali, Rwanda.
- **Spindler, E.**, Ojanduru, L., Ojamuge, D., Basalirwa, H., McCadden, M., & Pryor, S. (April 2018). “Karamoja on the Move: Testing a Community Group and Theatre Model To Increase Family Planning Use in Agro-Pastoralist Ugandan Communities.” Multimedia show presentation at 2018 International Social and Behavior Change Communication (SBCC) Summit, Bali, Indonesia.
- **Spindler, E.**, Natyang, M., Kabagenyi, P., Okello, S., Almond D., Okello F., Kerner, B., Kohli, A., & Lundgren, R. (April 2018). “Scaling up the REAL Fathers: Lessons from Integrating and Evaluating an Effective Family Violence Prevention Intervention within Education and Livelihood Programs in Uganda.” Oral presentation at 2018 SBCC Summit, Bali, Indonesia.
- Okello, S., Ashburn, K., Ojamuge, D., Eluk, D., Kerner, B., Lundgren, R. & **Spindler E.** (September 2017). “What Happened to the REAL Fathers One Year Later? Evaluating the long term effects of a fatherhood intervention in Northern Uganda.” Oral presentation at plenary session of 2017 Sexual Violence Research Initiative (SVRI) Forum, Rio de Janeiro, Brazil.

## **INVITED PRESENTATIONS**

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- **Panelist.** April 2019. “Marital Formation and Realities in Niger.” Child Marriage and Youth Empowerment Workshop on Engaging Men and Boys in Preventing Child Marriage: Bridging Research and Practice, Innovations for Youth (i4Y) at University of California, Berkeley.
- **Guest Lecturer.** April 2019. “Making an Impact Abroad (?): Trends in International Development” Non-Profit Management Course for Undergraduate Students at New York University (NYU) Wagner School, New York, NY
- **Keynote Speaker.** March 2017. “Leveraging the Oneonta Experience for a Career in International Development Research and Practice.” Ninth Annual Undergraduate Political Science Conference. New York State University (SUNY) at Oneonta, NY