

YALU ZHANG

1255 Amsterdam Ave, Rm. 924C
Mobile: 917 767-3096

New York, NY 10027
Email: yalu.zhang@columbia.edu

Research Program

Health, poverty, and aging research, particularly: 1) healthcare affordability, accessibility, and availability for older adults, 2) prediction, consequences, and policy response for health-induced poverty, 3) socioeconomic inequalities in physical frailty and cognitive function in later life.

Education

PhD Candidate **Columbia University School of Social Work** Anticipated graduation: May 2020
Concentration in Social Policy, Planning, and Policy Analysis
Dissertation Topic: Prediction, Consequences, and Policy Response for Health-Induced Poverty
Committee: Drs. Qin Gao (sponsor), Heidi Allen, Jane Waldfogel, Sophie Mitra, and Usha Sambamoorthi.

MSW **Columbia University School of Social Work** May 2014
Concentration in Social Welfare Policy and Gerontology

BA **Shanghai University**, summa cum laude July 2011
Major: Television Directing and Editing

BA **East China Normal University** July 2011
Minor: Finance

Honors & Awards

05/2019 Weatherhead East Asian Institute (WEAI) PhD Training Grant
05/2018 Sasakawa Young Leaders Fellowship Fund (SYLFF) PhD Summer Grant
09/2017 Phyllis and Joseph Caroff Doctoral Fellowship Fund
09/2017 Sheila B. Kamerman Scholarship Fund
05/2017 Epidemiology and Population Health Summer Institute Columbia University Scholarship
11/2016 Outstanding Student Poster Award, awarded to the best paper presented at the Gerontological Society of America 69th Annual Scientific Meeting, New Orleans, Louisiana.
<https://www.geron.org/membership/awards/awardees?showall=&start=19>

09/2016 Dr. Barbara Berkman and Dr. Grace Christ Doctoral Scholarship Fund
06/2011 2011 Outstanding College Graduate of Shanghai
12/2010 2009-2010 Outstanding Student of Shanghai University
12/2010 2009-2010 Shanghai Municipal Government Scholarships
12/2010 2009-2010 Shanghai University President Scholarship
11/2010 2009-2010 Top Class Scholarship of Shanghai University
12/2009 2008-2009 First-class Scholarship of Shanghai University
12/2009 Summer Social Practice - Outstanding Project Award, Shanghai University
12/2009 Summer Social Practice - Outstanding Individual Award, Shanghai University
11/2008 2007-2008 Top Class Scholarship of Shanghai University
11/2008 2007-2008 Outstanding Student of Shanghai University

Publications

Lee, E. & **Zhang, Y.** (2018). Religiosity as a protective factor of psychological well-being among older Black, White and Asian Christians in the United States. *Ageing International*, 43(2), 321-335.
<https://doi.org/10.1007/s12126-017-9319-1>.

Tang, F., Chen, H., **Zhang, Y.**, Mui, A.C. (2018). Employment and life satisfaction among middle- and old-aged adults in China. *Gerontology and Geriatric Medicine*, 4, 1-8. <https://doi.org/10.1177/2333721418778202>.

Gao, Q., Yang, S., **Zhang, Y.**, & Li, S. (2017). The divided Chinese welfare system: Do health and education change the picture?. *Social Policy and Society*, 17(2), 227-244. <https://doi.org/10.1017/S1474746417000100>.

Zhang, Y. (2011). To realize the media's guidance of public opinions in disaster reports. *Journal of Shanxi Radio & TV University*, 5, 106-109. (In Chinese). <http://www.cnki.com.cn/Article/CJFDTotat-SXGB201105041.htm>.

Zhang, Y. & Gao, Q. (*Revise and Resubmit*). Catastrophic health expenditure and health-related quality of life among older adults in China.

Mitra, S., Gao, Q., Chen, W., & **Zhang, Y.** (*Revise and Resubmit*). Health and employment among middle-aged and older adults: A panel analysis for China.

- Zhang, Y.,** Gao, Q., Zhai, F., & Anand, P. (*In Progress*). Wealth and health in predicting older adults' social capabilities in China: Mediating role of community participation.
- Zhang, Y.** & Gao, Q. (*In Progress*). Does welfare receipt change consumption patterns among elder families?: The case of China.
- Zhang, Y.** (*In Progress*). Does New Rural Cooperative Medical Insurance reduce health-induced poverty? Evidence from the China Household Income Project.
- Zhang, Y.** (*In Progress*). The dynamic relationship between public and private transfers among elder: Does health care spending change the relationship?
- Allen, H., **Zhang, Y.,** Eliason, E., Spishak-Thomas, A., & Frankel, C. (*In Progress*). Adverse childhood experiences and their relationship with depression among adults in a low-income uninsured population.

Selected Presentations

- Zhang, Y.** & Gao, Q. (Forthcoming). The impact of catastrophic expenditure on health and urban-rural inequality in China. Poster presentation at the 24th Annual Conference of the Society for Social Work and Research (SSWR), Washington, DC.
- Zhang, Y.** (Forthcoming). Does New Rural Cooperative Medical Insurance reduce health-induced poverty?: Evidence from the China Household Income Project. Poster presentation at the 24th Annual Conference of the Society for Social Work and Research (SSWR), Washington, DC.
- Allen, H., **Zhang, Y.,** Eliason, E., Spishak-Thomas, A., & Frankel, C. (Forthcoming). Adverse childhood experiences and their relationship with depression among adults in a low-income uninsured population. Oral paper presentation at the 24th Annual Conference of the Society for Social Work and Research (SSWR), Washington, DC.
- Zhang, Y.,** Gao, Q., Zhai, F., & Anand, P. (2019). Wealth and health in predicting elders' social capabilities in China: Mediating role of social network. Oral paper presentation at the Gerontological Society of America's (GSA) 71st Annual Scientific Meeting, Austin, Texas.
- Zhang, Y.** & Mui, A.C. (2019). Social isolation among the recipients of the minimum livelihood guarantee program: Evidence from the China Health and Retirement Longitudinal Study. Poster presentation at the Gerontological Society of America's (GSA) 71st Annual Scientific Meeting, Austin, Texas.
- Zhang, Y.** (2019). Do welfare receipts crowd out private transfers from families and friends?: Evidence from panel data in China. Poster presentation at the Gerontological Society of America's (GSA) 71st Annual Scientific Meeting, Austin, Texas.
- Zhang, Y.** (2019). Do welfare receipts crowd out private transfers?: Evidence from China Health and Retirement Longitudinal Study. Poster presentation at the Association for Public Policy Analysis and Management (APPAM) 41st Annual Fall Research Conference, Denver, Colorado.
- Zhang, Y.** & Gao, Q. (2019). Catastrophic health expenditure and health-related quality of life among older adults in China. Poster presented at the Association for Public Policy Analysis and Management (APPAM) 41st Annual Fall Research Conference, Denver, Colorado.
- Zhang, Y.** (2019). Does the New Rural Cooperative Medical Insurance reduce health-induced poverty? Evidence from the China Household Income Project. Oral paper presented at the 45th Eastern Economic Association Annual Meetings (EEA), New York City, New York.
- Zhang, Y.,** Gao, Q., Zhai, F. & Anand, P. (2019). Wealth and health in predicting elders' social capabilities in China: Mediating role of social resources. Poster presentation at the Society for Social Work and Research (SSWR) 23rd Annual Conference, San Francisco, California.
- Zhang, Y.,** Liu, J., & Mui, A.C. (2018). Determinants of predicting, enabling and need factors on outpatient utilizations among rural and urban older adults in China. Poster presentation at the Society for Social Work and Research (SSWR) 22nd Annual Conference in Washington D.C.
- Zhang, Y.,** Mui, A.C., Chen, H., Jiang, N., & Li, Y. (2017). Alcohol use and outpatient service utilization among older adults in China. Poster presentation at the 21st IAGG World Congress of Gerontology and Geriatrics, San Francisco, California.
- Mui, A.C., **Zhang, Y.,** Chen, H., Jiang, N., & Li, Y. (2017). Tobacco consumption and inpatient hospital service use among an older adult population in China. Poster presentation at the 21st IAGG World Congress of Gerontology and Geriatrics, San Francisco, California.

- Zhang, Y.** & Mui, A.C. (2016). Determinants of inpatient hospital service utilization among a national representative older adult sample in China. Poster presented at the Gerontological Society of America (GSA) 69th Annual Scientific Meeting, New Orleans, Louisiana.
- Zhang, Y.** & Mui, A.C. (2016). Outpatient services utilization among older Chinese living the community: Findings from the WHO Study on Global AGEing and Adult Health (SAGE). **Winner of Outstanding Student Poster Award, awarded to the best paper presented at the Gerontological Society of America (GSA) 69th Annual Scientific Meeting, New Orleans, Louisiana.**
- Chen, H., **Zhang, Y.**, Tang, F., & Mui, A.C. (2016). Social participation and late-life well-being: Rural and urban differences. Symposium paper presentation at the Gerontological Society of America (GSA) 69th Annual Scientific Meeting, New Orleans, Louisiana.
- Li, Y., **Zhang, Y.**, Chen, H., Mui, A.C., & Jiang, N. (2016). Work and Life Satisfaction among Older Persons: A Comparison between China and India. Symposium paper presentation at the Gerontological Society of America (GSA) 69th Annual Scientific Meeting, New Orleans, Louisiana.
- Jiang, N., **Zhang, Y.**, Li, Y., & Mui, A. (2015). Factors associated with work among older people without pension in China. Poster presentation at the Gerontological Society of America (GSA) 68th Annual Scientific Meeting, Orlando, Florida.
- Li, Y., **Zhang, Y.**, Chen, H., Mui, A., & Jiang, N. (2015). Work and Life Satisfaction among a Nationally Representative Older Adult Sample in China. Poster presentation at the Gerontological Society of America (GSA) 68th Annual Scientific Meeting, Orlando, Florida.
- Chen, H., Mui, A.C., Jiang, N., Li, Y., & **Zhang, Y.** (2015). Later Life Work among Men in China: Findings from the WHO Study on Global AGEing and Adult Health. Poster presentation at the Gerontological Society of America (GSA) 68th Annual Scientific Meeting, Orlando, Florida.
- Zhang, Y.**, Mui, A.C., Chen, H., Jiang, N., & Li, Y. (2014). Psychological Well-Being Among Older Men and Older Women in China: Findings from the WHO Study on Global AGEing and Adult Health (SAGE). Poster presentation at the Gerontological Society of America (GSA) 67th Annual Scientific Meeting, Washington, D.C.
- Gao, Q. Yang, S., **Zhang, Y.**, & Li, S. (2014). Three worlds of the Chinese welfare state: Do health and education change the picture? Oral paper presentation at the International Association for Research in Income and Wealth (IARIW) 33rd General Conference, Rotterdam, the Netherlands.
- Jiang, N., Mui, A.C., Li, Y., **Zhang, Y.**, & Chen, H., (2014). Self-Rated Health Among Older Adults in China: Findings from the WHO Study on Global AGEing and Adult Health (SAGE). Poster presentation at the Gerontological Society of America 67th Annual Scientific Meeting, Washington, D.C.

Research Experience

- | | |
|--------------|--|
| 2018-Present | Research Fellow. Columbia Population Research Center
Project: The Effects of Pension Income on Disability Status and Trajectories |
| 2017-Present | Research Fellow. Columbia China Center for Social Policy
Project: Chinese Welfare State Project and China's War on Poverty |
| 2015-Present | Graduate Research Assistant. Columbia University School of Social Work
Project: Social Health Insurance and Citizens' Wellbeing in China and their International Comparisons. PI: Dr. Qin Gao |
| 2018-2019 | Graduate Research Assistant. Columbia University School of Social Work
Project: The Oregon Health Insurance Experiment. PI: Dr. Heidi Allen |
| 2016-2017 | Graduate Research Assistant. Columbia University School of Social Work
Project: Assessing Needs of Chinese Dementia Caregivers in New York City. PI: Dr. Jinyu Liu |
| 2013-2015 | Research Assistant. Columbia University School of Social Work
Project: WHO Global AGEing & Adult Health. PI: Dr. Ada Mui and Dr. Denise Burnette |
| 2014 | Research Fellow. National Council on Aging
Project: Evaluations on the Aging Mastery Program Model. Director: Emily Dessem |

Social Work Practice

- | | |
|-----------|-------------------------|
| 2015-2016 | Geriatric Social Worker |
|-----------|-------------------------|

2014-2015 Agency: Yearriver Inc., Shanghai, China
Care Transitional Coach
2013-2014 Agency: Selfhelp Community Services, New York
Social Work Intern
2012-2013 Agency: Cities for Financial Empowerment Fund, New York
Social Work Intern
Agency: Tompkins Park Senior Center, New York

Teaching Experience

Fall 2019 Adjunct Professor, Social Work Research Method (Master's Level)
School of Social Work, Columbia University
Spring 2018 Guest Lecturer, Global Social Policy (Master's Level)
School of Social Work, Columbia University
Fall 2017 Guest Lecturer, Policy Seminar I (Master's Level)
School of Social Work, Columbia University
Fall 2015 Guest Lecturer, Aging: Issue, Policy, Program, and Research (Master's Level)
School of Social Work, Columbia University
Spring 2018 Teaching Assistant, Global Social Policy
School of Social Work, Columbia University
Spring 2016 Teaching Assistant, Criminal Justice
Silberman School of Social Work, Hunter College
Fall 2015 Teaching Assistant, Seminar in Social Welfare
Silberman School of Social Work, Hunter College
Summer 2014, 2015 Teaching Assistant, Advocacy in Social Work Practice
School of Social Work, Columbia University

Professional Affiliations

Member, Council of Social Work Education (CSWE)
Member, National Association of Social Workers (NASW)
Member, Society for Social Work and Research (SSWR)
Member, International Association of Gerontology and Geriatrics (IAGG)
Member, Gerontological society of America (GSA)
Member, Association for Public Policy Analysis & Management (APPAM)
Reviewer, Ageing International, 2018-present
Reviewer, GSA abstracts, 2017-present